

Home care project - Your experiences of help with daily living



Have you, or the person you care for, had help with daily living (domiciliary/home care) in the last year?

(Help with daily living can include: help getting out of bed in the morning, help with washing and dressing, support with toileting, preparing meals and drinks or help with eating and drinking)

If so, Healthwatch Sheffield want to hear about your experiences.

We can arrange to have a chat about your experiences over the phone or you could send us an email explaining your story.

If you are interested please contact us on:

Phone **0114 253 66 88**

Text **0741 524 9657**

email info@healthwatchsheffield.co.uk

Post **Healthwatch Sheffield**

The Circle

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